

## Am I Gifted?

**I had my IQ tested, and my Full Scale IQ exceeds 130 (you can skip the rest of this quiz!)**

1. People tell me that I'm "too" (too intense, too productive, too 'in my head', etc.)
2. Learning new things is something I'm doing most all the time
3. I have intense fascinations with ideas or projects
4. Deciding what to do with my time is difficult because I have so many interests
5. People often joke that I have ADHD or OCD
6. I don't like small talk
7. As a young person, I experienced existential awakenings
8. I experience perfectionism in my work, chores, relationships, and/or self-image
9. Unconventional and/or nonconforming are words that describe my approach to life
10. I experience sensory stimuli intensely (high sensitivity to sounds, smells, etc.)
11. I am consistently curious about how things work or why they work that way
12. I consider myself creative
13. I am relentlessly self-critical
14. While I am obviously gifted in some areas, I am average or below-average in others
15. It's difficult for me to find people with whom I can connect deeply
16. I consistently seek ongoing intellectual, emotional, physical, and/or sensual stimulation
17. I am very inquisitive
18. Meaning and purpose are central concerns for me
19. Authenticity is something I long for and push for in myself and others
20. I am highly sensitive to others' emotional states
21. People tell me I have unique problem-solving skills
22. Idealism is my normal
23. My imagination is extremely vivid
24. I pick up on details that others don't notice

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25. Learning is easy for me
26. I am often impatient with others
27. When asked how I know something, I often can't recall (as though the information had just somehow been absorbed without pursuing it)
29. As an infant I was unusually aware and attentive
29. I was precocious in my language development - speech and reading in particular
30. Injustices raise my ire in intense ways
31. Idealism and perfectionism have been present with me since I was a child
32. I am independent in my pursuits
33. I have a broad range of interests
34. My sense of humor is keen, sharp, quick, etc.
35. I need less sleep than most people
36. High expectations often leave me disappointed and frustrated (with myself and with others)
37. It feels like I am weird or different
38. My vocabulary is very large
39. I can be very passionate about a person, interest, or project and then quickly grow bored with it
40. It's natural for me to see multiple perspectives when considering an issue
41. I can synthesize disparate facts and concepts more easily than many
42. I'm often regarded as quirky, odd, weird, overexcitable, passionate, etc

**If you resonated with the majority of these questions, you are likely gifted.**